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ABSTRACT OF THE DISCLOSURE

A mat has a first surface and a second surface which, in an open orientation, includes a substantially elongate portion which is adapted to engage a removable fabric mat on the first surface. The mat further includes side storage portions having pockets for item storage which, in the open orientation, extend laterally from, and at least partially along, the length of the sides of the substantially elongate portion. The mat, which may include a handle, is able to be folded and fastened in a closed orientation into a portable bag.